

Bowdoinham Community School 5K Chicken Run/Walk & 1 mile fun run Friday, September 13, 2024

5:30 pm (fun run start) & 6:00pm (5K start)

Pre-Registration Cost: **5K:** 16 & under \$15.00, **Adults:** \$20.00
 1 Mile Fun Run: 12 & under, \$5.00 **Adults:** \$20

Day of Registration Cost: **5K:** 16 & under \$20.00, **Adults:** \$25.00
 1 Mile Fun Run: 12 & under, \$10.00 **Adults:** \$25

Online registration: <https://www.runinarace.com/BowdoinhamCommunitySchool>

Last Name: _____ First name: _____

City _____ State _____

Email _____ Age: _____

Bib # _____ (do not fill out)

Choose an Event: Children's Fun Run _____ 5K Chicken run _____

T-Shirt size: **Adult** or **Youth** SM MD LG XL XXL (Please circle appropriate size.) **While supplies last.**

Release from harm agreement: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running this event including but not limited to, falls, contact with other participants, the effects of the weather including, heat and/or humidity, traffic and the conditions of the road; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the Town of Bowdoinham, Bowdoinham Community School, MSAD 75, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

No Refunds, Exchanges, or Transfers

Signed: _____ Date: _____

Parent if under 18: _____

Please mail registration forms and entrance fee to:

Run In A Race

P. O. Box 144

Freeport, Maine 04032

Make checks payable to Run In A Race and please add Chicken Run to the memo line.