

Androscoggin Bank

Run for Independence Sunday, May 20, 2018



Proceeds benefit
 **Independence Association**
Celebrating Ability Since 1966

Races start at Brunswick Junior High School, 65 Columbia Avenue, Brunswick ME

Start times:

8:15 am Fun run (6 and under)
8:30 am 10K
8:45 am 5K
9:00 am 1 mile
9:50 am Awards, team photos

If event is canceled due to extreme weather conditions, there will be no make-up date and no refunds.

FREE T-shirt guaranteed to first 150 paid registrants.

COURSE CERTIFICATION PENDING 12/20/17

Prizes for top M/F overall, top M/F in each age group

Age groups: 12 and under, 13-19, 20-29, 30-39, 40-49, 50-59, 60 and above

Register on line at RunInARace.com or by mail

Send Mail-In Registration (Form and Check) to: Run In a Race, PO BOX 144, Freeport, ME 04032

Make checks payable to: Run in a Race, LLC (*All Proceeds to Independence Association*)

Registration Form – Androscoggin Bank Run for Independence – Registration Form

Circle Race and Fee: 1 Mile - \$20 5K - \$25 10K - \$35 **Fun Run** (6 and under) - FREE

Grade 4 student 1 mile – FREE registration!

Name: _____ Age on Race Day: _____ M/F: _____

City: _____ State: _____ Phone: _____

Email: _____

FREE T-shirt for first 150 PAID registrants

T-Shirt Size (Circle one) Adult Small Adult Medium Adult Large Adult XL Adult XXL

Team Name (if any): _____ **Grade 4 - Name of School / Town :** _____

Waiver: I hereby Agree to release, discharge, indemnify and hold Independence Association, the Race Director, the Race Committee, Run In A Race LLC, and their agents and employees harmless from any liability claims, demands, costs, or damages arising out of the said program which I or my participating child may sustain during the said event. I also understand photos of my participation may be used for promotional purposes. I have read this document carefully and signed it voluntarily with full knowledge of its significance.

Signature: _____

Date: _____

All proceeds benefit Independence Association, supporting youth and adults with intellectual and developmental disabilities in some 60 Maine communities.