

AgeGroupResults5K  
1st Annual Seadog Dash for Independence 1 Mile, 5K, & 10K

Brunswick, Maine Sunday May 26, 2013

Timing, Registration, & Finish Line Management by Run In A Race, LLC

question@RunInARace.com 207-232-8394 RunInARace.com

5K Age Group Results

Top Males Overall in 5K division.

Place	Bib #	Name	Finish	Pace	City
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1	240	Perham, Kurt	17:27.0	5:38	
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Top Females Overall in 5K division.

Place	Bib #	Name	Finish	Pace	City
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1	182	Patterson, Cindy	19:47.0	6:23	Brunswick
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Male 18 and Under in division 5K

Place	Bib #	Name	Finish	Pace	City
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1	183	Patterson, Tyler	21:29.0	6:56	Brunswick
2	406	White, Nick	23:05.0	7:27	Brunswick
3	195	Reis, Eamon	31:09.1	10:03	Pownal
4	111	Deering, Ryan	32:05.2	10:21	Sidney
5	116	Donaldson, Caleb	39:04.5	12:36	Woolwich
6	74	Brigham, Mason	39:26.1	12:43	Bowdoin
7	151	Kanwit- Reingardt, A	41:32.2	13:24	Brunswick
8	98	Conway, Colby	44:30.1	14:21	Dover NH
9	187	Phillips, Christophe	1:03:21.2	20:26	Easthampton MA

Male 19 - 29 in division 5K

Place	Bib #	Name	Finish	Pace	City
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1	363	Scarponi, Kory David	18:22.3	5:55	Brunswick
2	242	Pendleton, Gabrielle	21:15.0	6:51	Unknown
3	167	Menard, Ethan	21:59.4	7:05	Brunswick
4	232	Vaillancourt, Sean	23:28.2	7:34	West Bath

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5	88	Chutchian, Jack	23:43.9	7:39	Harpswell
6	90	Clark, Joseph	24:41.3	7:58	Brunswick
7	53	Allen, Jed	25:30.6	8:14	Dover NH
8	196	Richardson, Levi	26:33.0	8:34	South Portland
9	78	Burkhardt, Joel	27:44.3	8:57	Lisbon Falls
10	112	Dennett, Ryan	31:06.2	10:02	Gorham
11	60	Atwood, Matt	40:42.7	13:08	Lisbon Falls
12	172	McDermott, John	1:09:18.3	22:21	Asheville

Male 30 - 39 in division 5K

Place Bib # Name Finish Pace City

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1	250	Caron, Edward	18:37.1	6:00	
2	401	Burdett, Martin	20:30.9	6:37	
3	239	Bice, Nick	20:38.3	6:39	Unknown
4	407	Baker, Chris	22:12.3	7:10	
5	427	Hinds, Keith	23:43.4	7:39	
6	175	Meyers, Marc	24:35.7	7:56	Brunswick
7	205	Sapp, Christopher	25:10.6	8:07	Brunswick
8	231	Twining, Ben	25:17.1	8:09	Brunswick
9	80	Capponi, Adam	25:21.9	8:11	Gray
10	342	Moshier, James	26:13.3	8:27	Brunswick
11	291	French, Justin	26:18.0	8:29	Brunswick
12	318	Kanwit, Matthew	26:47.9	8:38	Brunswick
13	211	Savage, Nate	27:31.7	8:53	Brunswick
14	72	Brann, Darren	29:55.0	9:39	Winthrop
15	57	Arndt, Mitchell	32:41.8	10:33	Brunswick
16	186	Pfeifle, Mitch	33:06.7	10:41	Brunswick
17	159	Langworthy, Bob	33:15.4	10:44	Topsham
18	117	Downing, Jason	43:59.8	14:11	Wiscasset
19	144	Hintze, Nathan	49:27.0	15:57	Brunswick
20	235	Wheaton, Bill	1:09:23.8	22:23	Windham

Male 40 - 49 in division 5K

Place Bib # Name Finish Pace City

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1	414	Sclar, Zak	18:57.0	6:07	
2	152	Kelly, Frank	19:42.0	6:21	Brunswick
3	403	Cutler, Waring	20:40.4	6:40	
4	178	Morouse, Alex	23:29.3	7:35	Brunswick
5	45	ODea, John	23:45.9	7:40	
6	115	Doehring, William	24:07.3	7:47	Brunswick

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7	411	Smith, Michael	24:42.6	7:58	
8	155	Knox, Robert	24:51.2	8:01	Brunswick
9	413	Bryant, Chris	25:19.2	8:10	
10	63	Ballard, Dave	26:28.4	8:32	Topsham
11	109	Deering, Mark	32:05.5	10:21	Sidney
12	394	Connor, Rick	38:20.1	12:22	
13	418	Dupais, Richard	38:25.0	12:24	
14	120	Dupuis, Richard	1:09:24.9	22:23	Wilton

## 50 - 59 in division 5K

Place	Bib #	Name	Finish	Pace	City
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1	247	Deletetsky, Jeffery	21:56.2	7:05	
2	181	Parent, James	25:47.6	8:19	Durham
3	139	Green, Wilmont	27:32.9	8:53	Clinton
4	212	Sawyer, Roland	29:15.0	9:26	Portland
5	221	Stearns, Steven	29:53.6	9:38	Bowdoin
6	134	Gilliam, Eric	29:59.6	9:40	Freeport
7	162	Lanois, Michael	30:23.9	9:48	Lewiston
8	188	Projansky, David	30:33.1	9:51	Lewiston
9	101	Coventry, Richard	31:20.1	10:06	Westport Island
10	228	Towle, David	37:46.0	12:11	Bowdoin

## Male 60 - 69 in division 5K

Place	Bib #	Name	Finish	Pace	City
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1	402	Rearick, Peter	20:13.5	6:31	
2	430	Weber, Gary	22:07.5	7:08	
3	123	Englehardt, Dale	27:02.9	8:43	Springwater NY
4	93	Coffin, William	28:56.0	9:20	Harpwell
5	106	Crockett, Eugene	1:03:26.2	20:28	Brunswick

## Male 70 and Wiser in division 5K

Place	Bib #	Name	Finish	Pace	City
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1	374	White, Jeff	52:19.1	16:53	New Brunswick N
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## Female 18 and Under in division 5K

Place	Bib #	Name	Finish	Pace	City
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1	389	Ashby, Micaela	23:14.0	7:30	
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2	103	Cramb, Meghan	23:40.6	7:38	New Boston NH
3	153	Kelly, Caitlin	24:52.0	8:01	Brunswick
4	160	Langworthy, Hope	33:14.6	10:43	Topsham
5	391	Maxwell, Ella	38:09.0	12:18	
6	392	Connor, Hillary	38:15.1	12:20	

## Female 19 - 29 in division 5K

Place Bib # Name Finish Pace City

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1	156	Koenig, Allyson	21:22.2	6:54	Saco
2	122	Englehardt, Bess	21:49.5	7:02	Portland
3	124	Erving, Christina	23:40.0	7:38	Bowdoin
4	393	Bryant, Emily	25:17.1	8:09	
5	163	LaPrad, Lindsay	25:29.7	8:13	Portland
6	190	Quill, Audrey	25:50.0	8:20	Topsham
7	415	Wing, Amanda	25:52.0	8:21	
8	233	Venne, Lindsey	26:35.7	8:35	Boston MA
9	166	Lemay, Heather	26:39.4	8:36	Freeport
10	241	Casagrande, Sarah	27:10.4	8:46	Unknown
11	204	Sampson, Emily	27:19.9	8:49	Topsham
12	142	Herling, Anna	27:20.4	8:49	Bowdoin
13	225	Susemihl, Cassandra	29:12.7	9:25	Harpswell
14	207	Sargent, Ashlee	29:26.8	9:30	East Holden
15	281	Dore, Missy	29:35.2	9:33	Dresden
16	107	Cronin, Mary	29:53.3	9:38	Brunswick
17	219	Spaulding, Jennie	30:02.3	9:41	Gray
18	206	Sapp, Jessica	30:14.3	9:45	Brunswick
19	355	Rice, Amanda	30:57.1	9:59	Brunswick
20	191	Quinlan, Emily	31:26.3	10:08	Bath
21	102	Cramb, Alyssa	31:35.4	10:11	New Boston NH
22	266	Browne, Bethany	31:42.8	10:14	Bath
23	428	Robidaux, Brittany	31:45.7	10:15	
24	68	Birmingham, Erin	31:46.2	10:15	West Bath
25	209	Sasseville, Amanda	32:29.7	10:29	Lewiston
26	97	Contreras, Angie	33:48.5	10:54	Topsham
27	179	Neuts, Beth	33:54.8	10:56	Freeport
28	71	Bousquet Smith, Step	34:30.3	11:08	Bowdoinham
29	174	Menard, Audrey	34:34.3	11:09	Bowdoinham
30	198	Rossignol, Katie	36:20.0	11:43	Sabattus
31	76	Bryant, Ashley	39:43.7	12:49	Brunswick
32	59	Atwood, Lindsey	40:42.5	13:08	Lisbon Falls
33	218	Smith, Brittany	43:47.8	14:07	Brunswick
34	92	Cloutier, Amanda	43:58.2	14:11	Topsham
35	149	Jacobs, Sophie	56:09.0	18:07	Bath

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36	165	Lavallee, Lindsey	1:05:20.5	21:05	Topsham
37	216	Sherwood, Jennifer	1:09:22.1	22:23	Topsham

Female 30 - 39 in division 5K

Place Bib # Name Finish Pace City

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1	161	Langworthy, Mei Ning	20:41.7	6:40	Topsham
2	177	Miller, Rebecca	21:44.8	7:01	Saco
3	230	Turcotte, Jessica	24:43.9	7:58	Durham
4	201	Rybarczyk, Jill	25:13.4	8:08	Gardiner
5	410	Duport, Claire	25:26.7	8:12	
6	138	Gray, Katie	26:07.5	8:25	Brunswick
7	234	Webber, Shannon	26:24.6	8:31	Litchfield
8	210	Savage, Amanda	26:32.7	8:34	Brunswick
9	77	Burgoyne, Darcie	26:56.9	8:41	Hermon
10	316	Jones, Amanda	27:25.2	8:51	Brunswick
11	226	Timberlake, Pamela	28:17.0	9:07	Washington
12	73	Brennan, Michelle	28:24.5	9:10	Harpwell
13	51	Day, Elizabeth	28:47.1	9:17	Portland
14	70	Bouchard, Mary	29:24.5	9:29	Brunswick
15	62	Baker, Jessica	29:52.2	9:38	Topsham
16	193	Reid, Sarah	30:10.0	9:44	Newton MA
17	125	Estabrook, Heather	30:18.0	9:46	Bowdoinham
18	158	Lagasse, Wendy	30:35.0	9:52	Brunswick
19	168	Licari, Kristin	30:59.2	9:59	Acton MA
20	127	Farrington, Karen	31:09.9	10:03	Scarborough
21	249	St Pierre, Nicole	34:07.0	11:00	
22	137	Graf, Stacey	34:11.6	11:02	Topsham
23	390	Connor, Andrea	38:18.8	12:21	
24	409	Spence, Holly	39:26.2	12:43	
25	220	Stearns, Melissa	39:32.2	12:45	Bowdoin
26	130	Foster, Julia	40:42.6	13:08	Newmarket NH
27	150	Kanwit, Kohl	41:32.4	13:24	Alna
28	245	Dorrington, Amanda	42:09.6	13:36	Unknown
29	65	Beal, Shelly	43:32.5	14:03	Brunswick
30	96	Cone, Gwendy	44:29.9	14:21	Brunswick
31	83	Cataldo, Chloe	44:30.0	14:21	Dover NH
32	157	Labbe, Jenny	46:03.0	14:51	Brunswick
33	169	Livesay, Katie	46:11.8	14:54	Brunswick
34	143	Hintze, Kacy	49:27.7	15:57	Brunswick
35	91	Clark, Abbe	51:03.2	16:28	Brunswick
36	215	Scott, Nancy	54:50.0	17:41	Topsham
37	404	Deminy, Venise	56:27.2	18:13	
38	199	Ruest, Nicole	57:16.9	18:28	Pownal

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39	197	Riordan, Kate	1:03:13.1	20:24	Topsham
40	54	Allen, Tanis	1:05:10.6	21:01	Eureka Springs
41	246	Cone, Gwendy	1:16:31.0	24:41	Brunswick
42	224	Sullivan, Dawn	1:19:27.2	25:38	Bath

## Female 40 - 49 in division 5K

Place Bib # Name Finish Pace City

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1	328	LaPointe, Lori	24:48.4	8:00	Topsham
2	412	Merritt, Janna	25:11.2	8:07	
3	110	Deering, Jennifer	25:49.0	8:20	Sidney
4	104	CrambDudley, Lisa	26:53.2	8:40	New Boston NH
5	248	Coburn, Lisa	28:28.9	9:11	
6	223	Stinson, Kellie	29:25.2	9:29	Bath
7	121	Edmonds, Bridget	29:47.3	9:36	Brunswick
8	135	Gilliam, Michele	29:51.5	9:38	Freeport
9	52	Cusano, Milissa	29:54.6	9:39	
10	408	McKellar, Kelly	30:01.7	9:41	
11	214	Schlitt, Anne	30:05.0	9:42	Phippsburg
12	217	Skehan, Kelly	30:48.9	9:56	Ellsworth
13	129	Fortier, Kristen	31:24.8	10:08	Brunswick
14	85	Chamberlain, Kyra	31:28.3	10:09	Pownal
15	100	Corbin, Theresa	32:20.7	10:26	Sabattus
16	180	Parent, Deborah	36:56.9	11:55	Durham
17	267	Bush, Paula	39:29.4	12:44	Raymond
18	140	Grinnan, Laurie	39:54.4	12:52	Brunswick
19	432	Flynn, Martha	40:51.2	13:11	
20	79	Cantarini, Silvana	52:39.1	16:59	Lakehurst NJ
21	148	Jacobs, Jill	56:18.0	18:10	Bath
22	84	Caton, Kelly Ann	57:37.7	18:35	Topsham
23	416	Bowker, Ellen	1:07:58.0	21:55	
24	141	Haddock, Rachel	1:09:23.9	22:23	Bath

## Female 50 - 59 in division 5K

Place Bib # Name Finish Pace City

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1	222	Stedl, Madison	23:11.4	7:29	Topsham
2	227	Touchin, Bobbie	31:08.0	10:03	Brunswick
3	136	Goss, Nancy	31:26.7	10:08	Moutonborough N
4	89	Clark, Krista	32:43.0	10:33	Topsham
5	58	Atwood, Jayne	32:43.3	10:33	Topsham
6	171	Marshall, Donna	32:57.0	10:38	Brunswick
7	405	Caron, Susan	34:13.6	11:02	

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8	173	McNamara, Theresa	34:56.6	11:16	Turner
9	208	Sargent, Diane	35:50.0	11:34	East Holden
10	105	Crinion, Luanne	39:41.7	12:48	Brunswick
11	164	Lavallee, Diane	39:43.0	12:49	Topsham
12	56	Anderson, Nancy	39:43.3	12:49	Brunswick
13	67	Bernier, Mary	39:44.0	12:49	Brunswick
14	66	Bernier, Connie	52:39.3	16:59	Harpswell
15	118	Dubiel, Patricia	1:03:15.0	20:24	Easthampton MA
16	185	Pepin Phillips, Sue	1:03:15.9	20:24	Easthampton MA

Female 60 - 69 in division 5K

Place Bib # Name Finish Pace City

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1	108	Davis, Linda	27:38.1	8:55	Casco
2	133	Gergosian, Jo Ann	31:00.7	10:00	Topsham
3	229	Towle, Kathy	32:40.1	10:32	Bowdoin
4	192	Rearick, Margaret	35:03.2	11:18	Hebron
5	176	Mildram, Janice	40:47.4	13:09	Topsham
6	200	Ryan, Nancy	46:18.0	14:56	Charlestown MA
7	375	White, Marilyn	52:19.3	16:53	New Brunswick N
8	147	Hurst, Cheri	1:05:09.8	21:01	Brunswick